



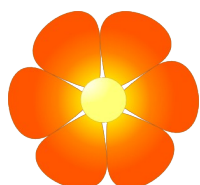
BRIGHTON HOVE AND DISTRICT MENCAP SOCIETY

Newsletter



Summer 2025

www.brighton-mencap.org



President: Cllr. Carol Theobald



The Executive Committee

Lorna Melia (Chairperson)	01273 479620
Christine King (Hon Treasurer)	01273 985989
Robert Parr (Hon Sec)	07769959812
Jacqueline Sethi	
Marian Tipler	

Dear Member,

We continue to provide grants for holidays and recreational activities, though these are now closed for this year. We shall be offering grants again from January 2026 onwards.

We are pleased to be now working with local groups:

Brighton Pebbles – a local support group for families with children with SEND.

EDGE Club; a Brighton-based organisation, that creates opportunities for Adults with disabilities (www.edgeclub.co.uk).

mASCot, a parent-led support network bringing families with autistic children together with others in similar situations.

T21 Support group for children and young people with Trisomy 21, also known as Down's syndrome, and families.

Amaze: Supporting families with disabled children and young people in Sussex – see next page:

LEGACIES

If you are thinking of leaving a legacy to your local society please ensure you specify “Brighton, Hove & District Mencap”

Amaze

Amaze is a charity that gives information, advice and support to families with children and young people with special educational needs and disabilities (SEND) in Brighton & Hove and East Sussex. A child or young person does not need to have a formal diagnosis to get support from Amaze. For more detailed information and to get in touch, please visit [Amaze Sussex: for families with disabled children and young people in Sussex](#) but in brief services include:

- Online information, regular free workshops and an advice line for one to one advice on any aspects of education, health and care for children and young people with SEND, and on making a claim for Disability Living Allowance (DLA) or Personal Independence Payment (PIP)
- Training and one to one advice to families with children and young people under 25, pre- and post-assessment, for neurodevelopmental differences such as autism, ADHD, tics/Tourette syndrome and learning disabilities
- Regular support groups for parent carers and one-to-one befriending for parents at times of particular challenge such as diagnosis
- Amazing Futures peer support and activity groups for young people with additional needs aged 14-25, and careers advises young people with SEND on their next steps in education, training or employment
- Compass leisure discount card for children and young people up to 25

We also host and support the parent carer forums in Brighton and Hove (PaCC) and East Sussex (ESCPF). The forums work with local authorities, health and other providers to develop and improve SEND services and support for families. One current example of this is the Autism in Schools project which is aimed at enhancing the educational experiences and outcomes for autistic children and young people in mainstream schools. It focuses on creating inclusive school environments that support the well-being and development of autistic students. For more information, contact PaCC at admin@paccbrighton.org.uk

Making Nature Inclusive

You may be interested to hear that Sussex Wildlife Trust last summer welcomed a group from Hastings and Bexhill Mencap to their reserve at Rye (somewhere well worth visiting). Pauline Fletcher, CEO, said, "I'm very impressed. I think the reserve has put an awful lot of thought into disabled access." The group loved the flat open paths, wheelchair-friendly bird hides, and the Discovering Centre offering a barrier-free view of the reserve. Somewhere to perhaps consider for a visit.

- Adapted from Sussex Wildlife's magazine.



FORTHCOMING EVENTS



There is a fortnightly session in the Jubilee library on alternate Thursdays 12:15-1:15pm for non-readers> Please contact Jacqueline Sethi for information: 07758 002163.

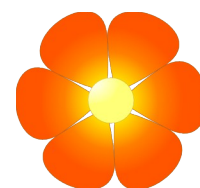
1st June Big Help Out Hove Park

Purple Productions Events

13 th June	80's Purple Clubhouse & Karaoke	Brighton Railway Club
20 th June	LD Pride Party and Art Exhibition	Puzzlebored
23 rd June	Games Night inc Musical Bingo	Puzzlebored
16 th July	Pride party	Carousels, on seafront
9 th Aug	Big Purple Funfest 🎉 🎉	West Dean

Amaze events (please see website for full list)

amazesussex.org.uk/events/



21 st June	Amaze Abseiling	Peacehaven Cliffs
30 th July	Amaze Funday	Kings Centre, Eastbourne
9 th Aug	South Downs Trek	
27 th Aug	Amaze Funday	Portslade Village Centre

